

# Implementation Handbook for Disaster Resilience Education at the Regional Level

This handbook lays out know-how gathered from outstanding and progressive initiatives, with the aim of promoting disaster resilience education. It also provides valuable hints for resolving various matters of concern that arise when trying to implement disaster resilience education.

## 1. Scope of this handbook

Not limited to organizations related to education/welfare (schools, pre-schools, childcare facilities), this handbook is intended for use by anyone who is interested in disaster resilience education initiatives within local residents organizations, volunteer groups or local public authorities.

## 2. Implementing disaster resilience education

### (1) The aims of disaster resilience education

The primary objective of disaster resilience education is to bolster the disaster resilience (the capability to proactively prevent disasters and in the event of weathering a disaster, the capabilities to prevent the damage from worsening and to enact restoration measures) of communities, by heightening the disaster resilience awareness of each individual belonging to a community and by forging strong links within the community.

### (2) Five basic principles for successful disaster resilience education

- ① Learn about the problems and peculiarities of a community, as well as its past experiences in suffering disasters
- ② Act on your own initiative, witness everything firsthand
- ③ Set smart, realistic goals
- ④ Be proactive in mingling with key people in various fields and disciplines
- ⑤ Keep your approach positive, fun and lighthearted

## 3. 18 points regarding implementation

« 3 phases »		Phases	Elements	18 Points regarding implementation	
Preparation Phase Implementation Phase Continuation Phase	« six elements » <b>People</b> Project Leaders Facilitators <b>Governance</b> Organization Framework <b>Place</b> Time Place <b>Money</b> Funds Costs <b>Material</b> Knowledge Materials <b>Knack</b> Ingenuity	Preparation Phase	People (Project Leaders)	① Appoint Project Leaders	
			People (Facilitators)	② Network with Key persons in the community	
			Governance (Organization)	③ Systematize the core of your initiatives	
Governance (Framework)			④ Do not over-extend the range of your activities		
Place (Time)			⑤ Set aside time for preparation		
Place (Place)			⑥ Secure a place for activities		
Money (Funds)			⑦ Secure funding for your activities		
Material (Knowledge)			⑧ Gather information and knowledge		
Material (Materials)			⑨ Create teaching materials (program) that reflect your aims		
Implementation Phase	« six elements » <b>People</b> Project Leaders Facilitators <b>Governance</b> Organization Framework <b>Place</b> Time Place <b>Money</b> Funds Costs <b>Material</b> Knowledge Materials <b>Knack</b> Ingenuity	Implementation Phase	People (Facilitators)	⑩ Appoint advisors with a wealth of experience	
			Governance (Framework)	⑪ Get the community on board, and link up with relevant local organizations	
			Place (Time)	⑫ Create time for activities	
			Money (Costs)	⑬ Cut costs	
			Knack (Ingenuity)	⑭ Collaborate with other active organizations	
Continuation Phase		« six elements » <b>People</b> Project Leaders Facilitators <b>Governance</b> Organization Framework <b>Place</b> Time Place <b>Money</b> Funds Costs <b>Material</b> Knowledge Materials <b>Knack</b> Ingenuity	Continuation Phase	People (Project Leaders)	⑮ Educate and rear future successors
				Material (Materials)	⑯ Render know-how and experience into explicit knowledge
				Knack (Ingenuity)	⑰ Share your results and successes with external parties
				Governance, Material, Knack	⑱ Regularly review contents of activities